

WHAT, WHY AND HOW OF MEDICAL SOCIAL COLLABORATIONS?

Online Seminar of Primary Healthcare in District Health Centre Scheme

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Dr. Lam Ching-choi

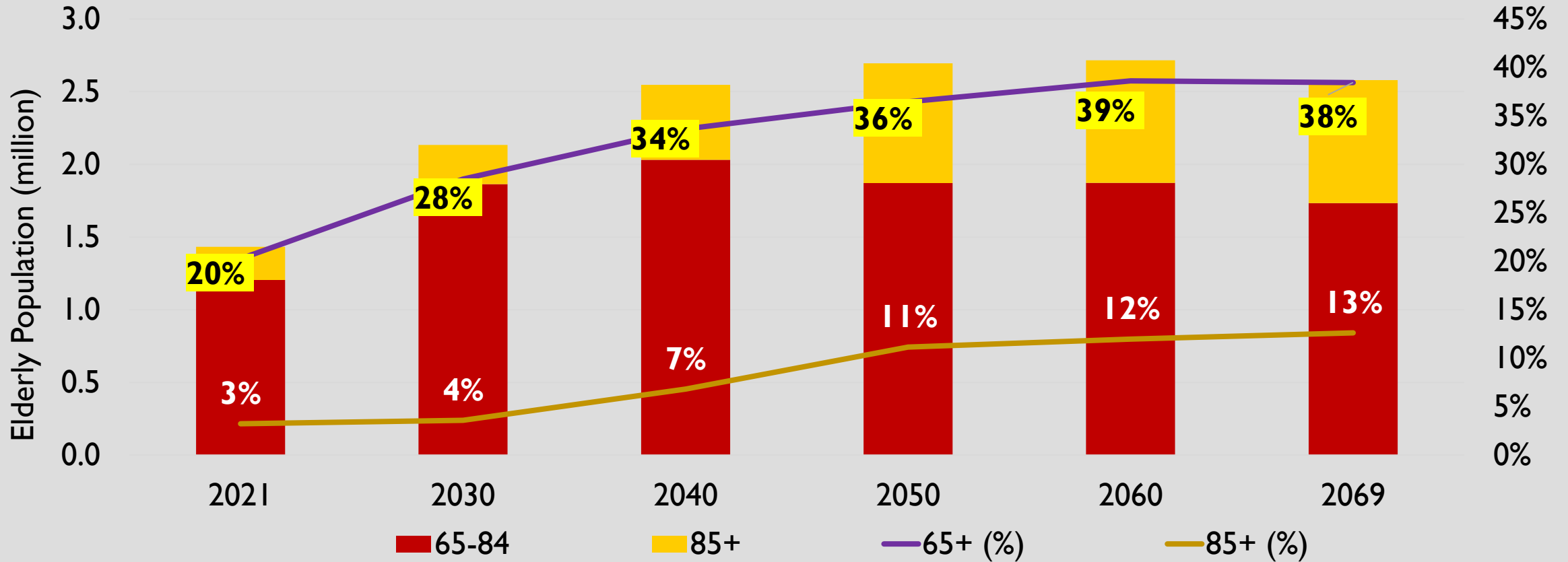
Chairman of the Elderly Commission

Member of the Executive Council

CEO of Haven of Hope Christian Service

WHY?

AGEING TREND IN HONG KONG



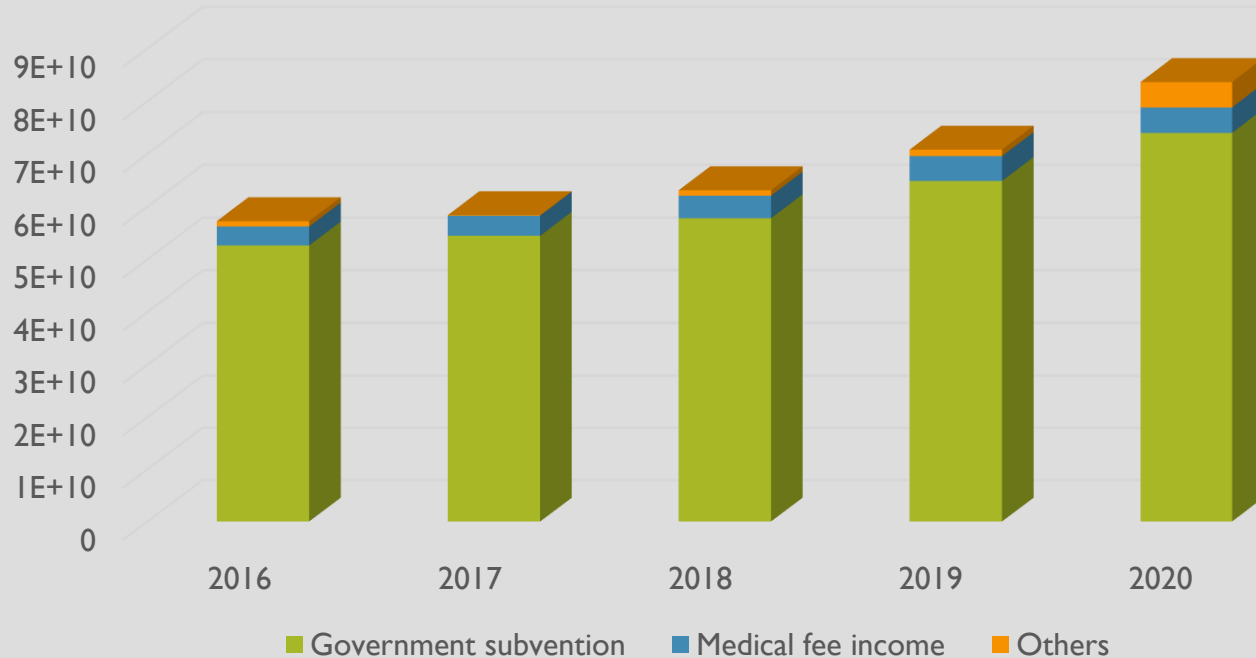
Significant increase in size of elderly population

- Percentage of elderly will grow from 18.4% to 33.3% in 2039

WHY?

SUSTAINABILITY OF OUR HEALTHCARE SYSTEM

Expenditure by Category
(in % of Total Expenditure)



Bloomberg Health Care Efficiency

Rank	Rank 1Y Ago	Chg	Economy	Efficiency Score	Life Expectancy	Relative Cost %	Absolute Cost \$
1	1	-	Hong Kong	87.3	84.3	5.7	2,222
2	2	-	Singapore	85.6	82.7	4.3	2,280
3	3	-	Spain	69.3	82.8	9.2	2,354
4	6	2	Italy	67.6	82.5	9.0	2,700
5	4	-1	S. Korea	67.4	82.0	7.4	2,013
6	7	1	Israel	67.0	82.0	7.4	2,756
7	5	-2	Japan	64.3	83.8	10.9	3,733
8	10	2	Australia	62.0	82.4	9.4	4,934
9	12	3	Taiwan	60.8	79.7	6.2	1,401
10	9	-1	U.A.E.	59.7	77.1	3.5	1,402



2021-22 Budget Subvention from Government = **\$82.4 billion**

WHY?

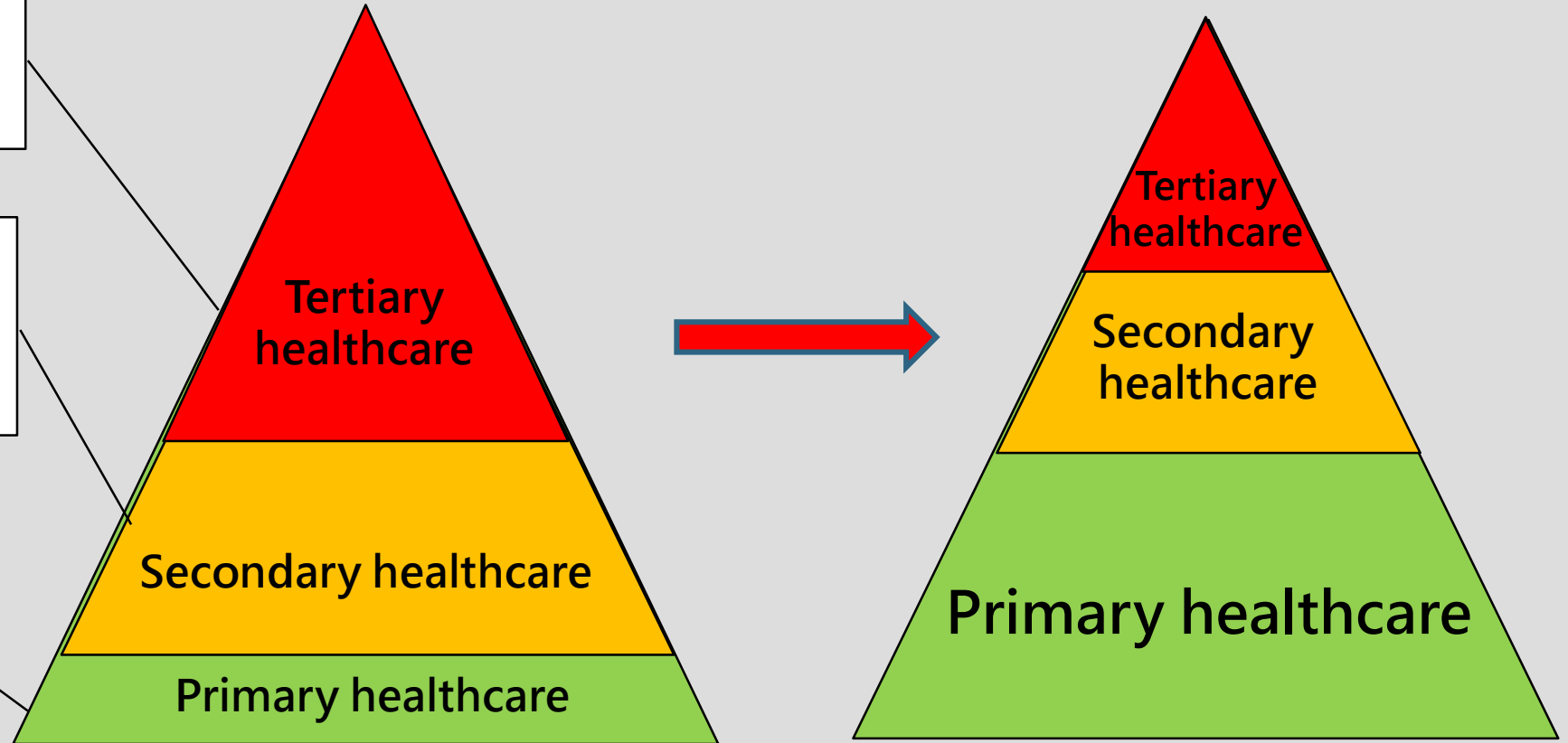
SUSTAINABILITY OF OUR HEALTHCARE SYSTEM

90% by public sector
(in terms of in-patient bed days)

70% by private sector
(in terms of out-patient consultations)
**Note: Private GP lack of incentives to do health promotion / disease prevention*

Fail to perform functions...

- **Prevention**
- **Screening**
- **Disease management**
- **Step-down care**



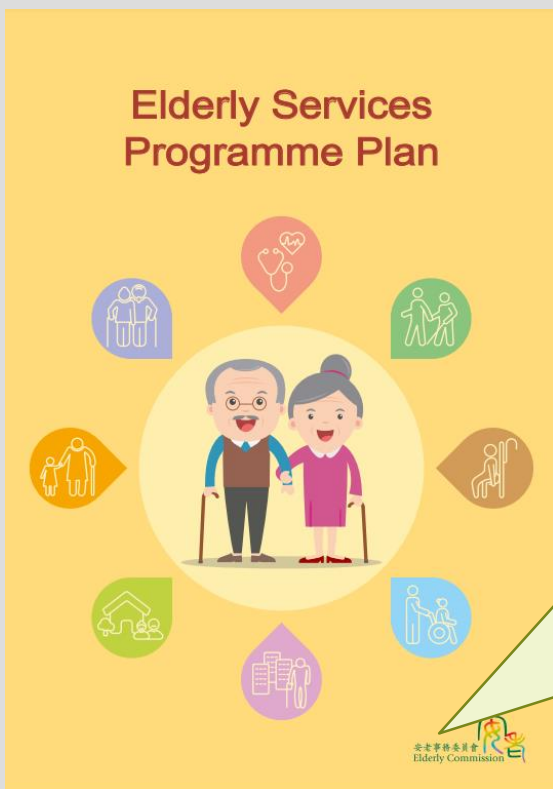
WHY?

ASSUMPTIONS IN ESPP

Imbalance between the usage and provision of subsidized CCS and RCS would be improved if...

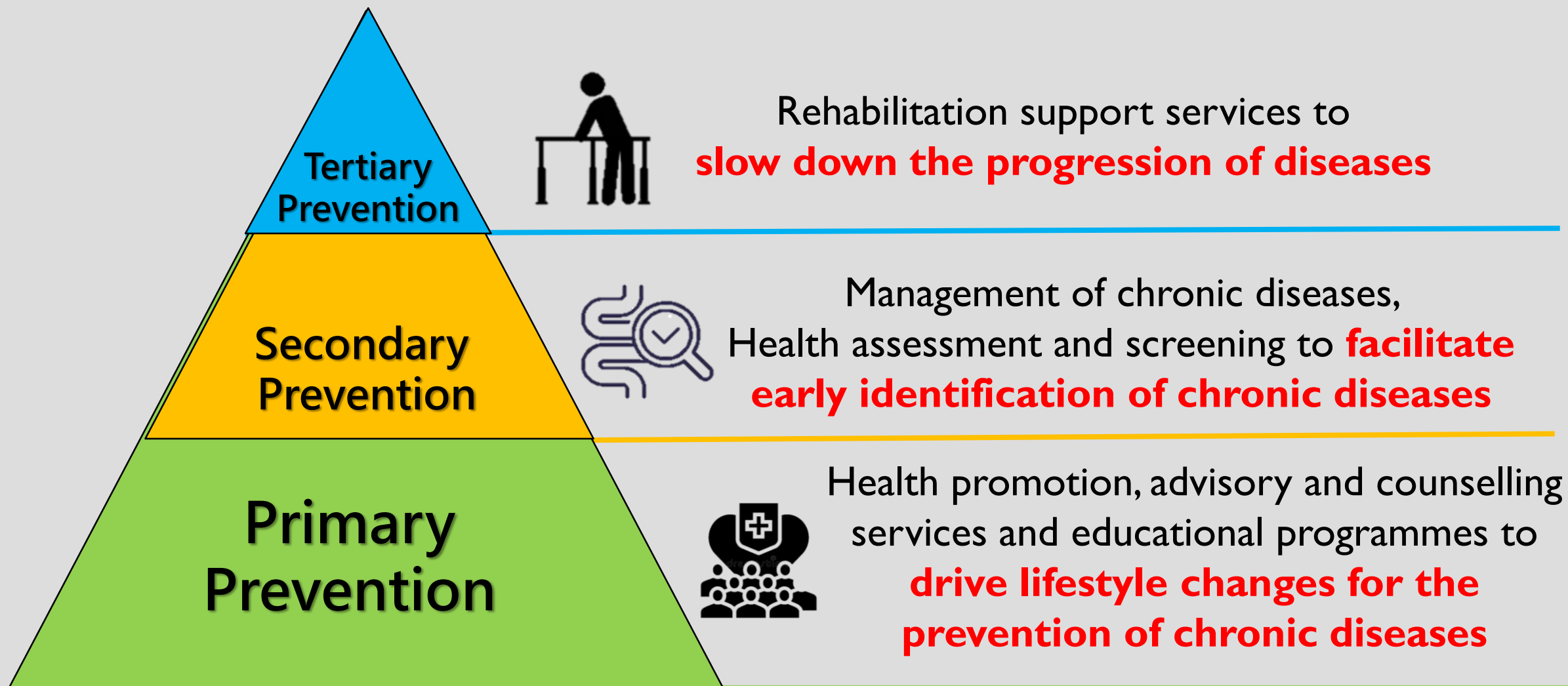
The demand rates for LTC services for each age cohort of elderly will **decrease by 1% each year** due to changes in social demographic factors, e.g. improved health of the elderly, enhanced measure in health promotion, better social-economic status of future generations of elderly.

Elderly Services Programme Plan



WHAT?

THREE LEVELS OF PREVENTION IN PHC



HOW?

ROLE OF SOCIAL WORKER IN PHC



Upstream

Reachable & Active: support help-seekers & reach out



Downstream

Episodic encounter: meet patients when they seek treatment

HOW?

ROLE OF SOCIAL WORKER IN PHC

Social work has a philosophy & expertise that complements PHC

- Promote social justice
- Help people obtain tangible services
- Help communities or groups provide/improve social & health services

Social workers contribute to patient care by

- Providing psychosocial assessment & intervention
- Providing ongoing case management
- Navigating complex health care systems
- Linking patients with community resources & other parts of the health care system
- Conducting health promotion activities



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HOW?

BUILD TRUST AMONG HEALTHCARE PROVIDERS

Barriers to Medical-Social Collaboration

- Lack of understanding about social work's role
- Power imbalance between social workers & medical professionals
- Lack of infrastructural support in health record sharing

To overcome the hurdle of cultural difference

- Better communication & role delineation
- Shared responsibility, ethics and values
- Mutual sharing of patient records

- Building sense of trust and mutuality to establish workflow
- Increased interdependence foster collaborative care



HOW?

FACILITATE SHARED DECISION-MAKING WITH TRANSPARENT INFORMATION FLOW



Health data collection & sharing

- Enhance communication among HCPs
- Enable 2-way sharing among public & private HCPs
- Facilitate efficient operations of DHCs

Patient Portal to be launched in Stage 2

- Disseminate useful public health information & messages
 - Facilitate patients to access part of their key eHRs
 - Allow self-input of health information
 - Support eHRSS account & management functions
 - Other functions like checking healthcare voucher balance
- Empower patients as active partner in care



HOW?

PICK THE LOW-HANGING FRUIT

Enjoy the immediate success

- Efficiency enhancements
 - Readmission occurred 49% in person-centre care group VS 59% in usual care group
- Costs reduction
 - Every HK\$1 invested into primary care could save HK\$8.4 of acute care cost

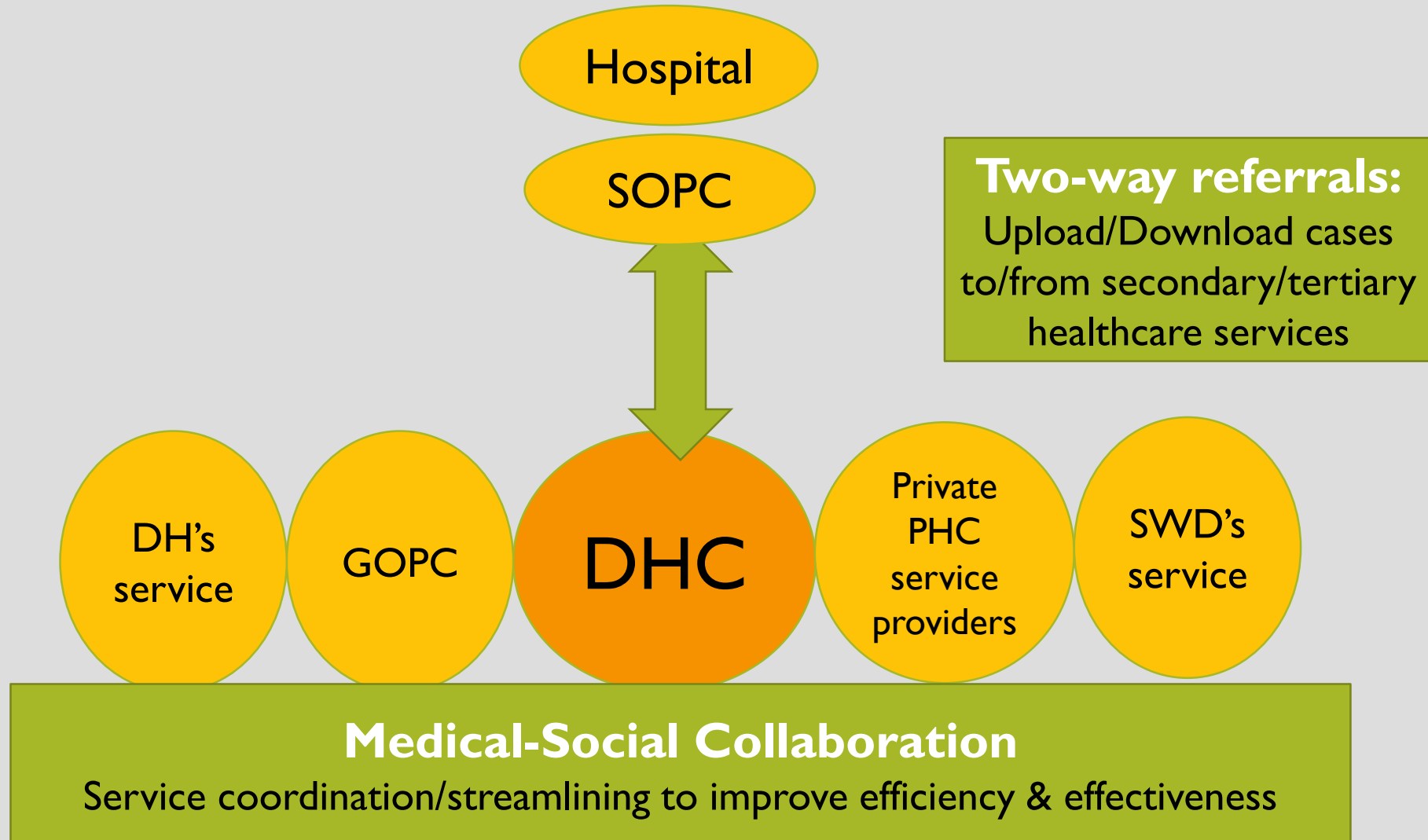
Example: Strengthening transitional support services for elderly patients who are at higher risk of hospital readmission

- Ensure smooth transitions of care
- Reduce costly readmissions
- Alleviate growing service demand
- Enhance the sustainability of the healthcare system



HOW?

DEVELOPMENT OF DISTRICT HEALTH SYSTEM





THE BLUEPRINT FOR THE SUSTAINABLE DEVELOPMENT OF PRIMARY HEALTHCARE SERVICES IN HONG KONG

1. **Overarching governance structure on PHC**

- Steer and enhance cross-sectoral and inter-organizational coordination among PHC services by public & private service providers at community level

2. **Manpower planning for PHC**

- Increase weighting of PHC elements in accreditation and placement for health-related undergraduate and postgraduate
- Promote continuing professional development targeting doctors, nurses and allied health professionals (including OT, PT, SW)

3. **Enhance PHC delivery**

- Develop a district health system
- Enhance chronic disease management through private PHC sector
- Repositioning of the public GOPC

4. **Consolidate PHC resources**

- Strategic purchasing of PHC services
- Subsidize patients to receive screening & management of targeted chronic diseases at private PHC sector

THANK YOU!